

THE COVID-19 RESILIENCE POLL

OCT 2020

**Poll Webinar
October 30, 2020**



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Agenda

- **Poll overview: findings, methodology**
 - Meg Arnold, Valley Vision
 - Shannon Williams, Sacramento State Institute for Social Research
- **Reporting the poll's findings**
 - Pauline Bartolone, Capital Public Radio
- **Discussion: mental health impacts**
 - Beth Hassett, WEAVE
 - Amanda Lipp, Center for Applied Research Solutions
 - Ron Lutz, PhD, Student Counseling, Sacramento State
 - Rachel Rios, La Familia
- **Q & A**



The Polling Series

This is the 7th poll that we've conducted, all in partnership with ISR at Sacramento State.

Prior poll topics included civic amenities, transportation, livability, environmental, education and workforce.

The COVID-19 Resilience poll will be conducted as a series of three polls; these results are from our second in the series.

Western Health Advantage supports all our polls; we welcome other polling funders as well.



Survey Overview

Purpose of survey

To capture the impact of upheaval in our communities caused by COVID-19: to see how lives have changed, to understand where there are opportunities for learning and growth, and to know where we as a region need to invest resources, time, and energy for recovery efforts for the people of our region.

Method: Scientific polling

- Random probability sampling
- Available in Spanish and English
- Data weighted for key demographics



COVID-19 Resilience: Poll Response

948

Total Respondents

Sept 4 – 18, 2020

Dates in the field

±3%

Margin of sampling error overall

Geography

Sacramento, Yolo, El Dorado,
Placer, Yuba, Sutter, Solano,
San Joaquin

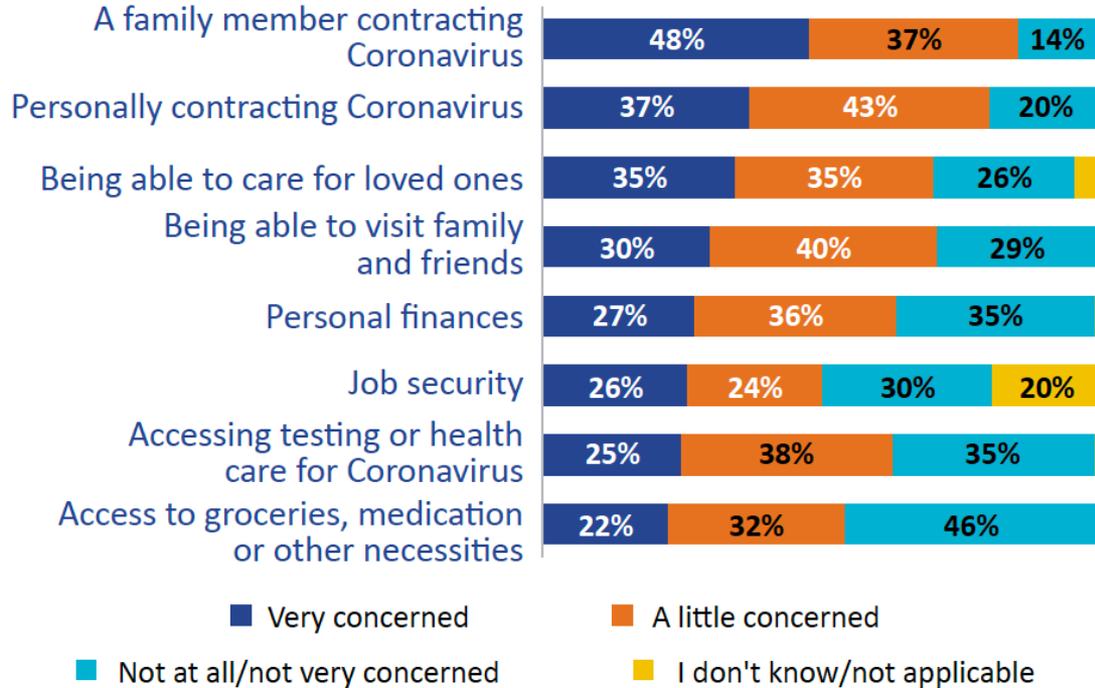


Hardships and multiple sources of stress across the region

- **People of color and younger adults** facing multiple sources of hardship
- Families with children **in school remotely** are stretched unsustainably
- **Goodwill for social systems** and infrastructure is diminishing
- Communities are **politically divided**

Emotional resilience is fraying; mental health and well-being are increasingly at risk

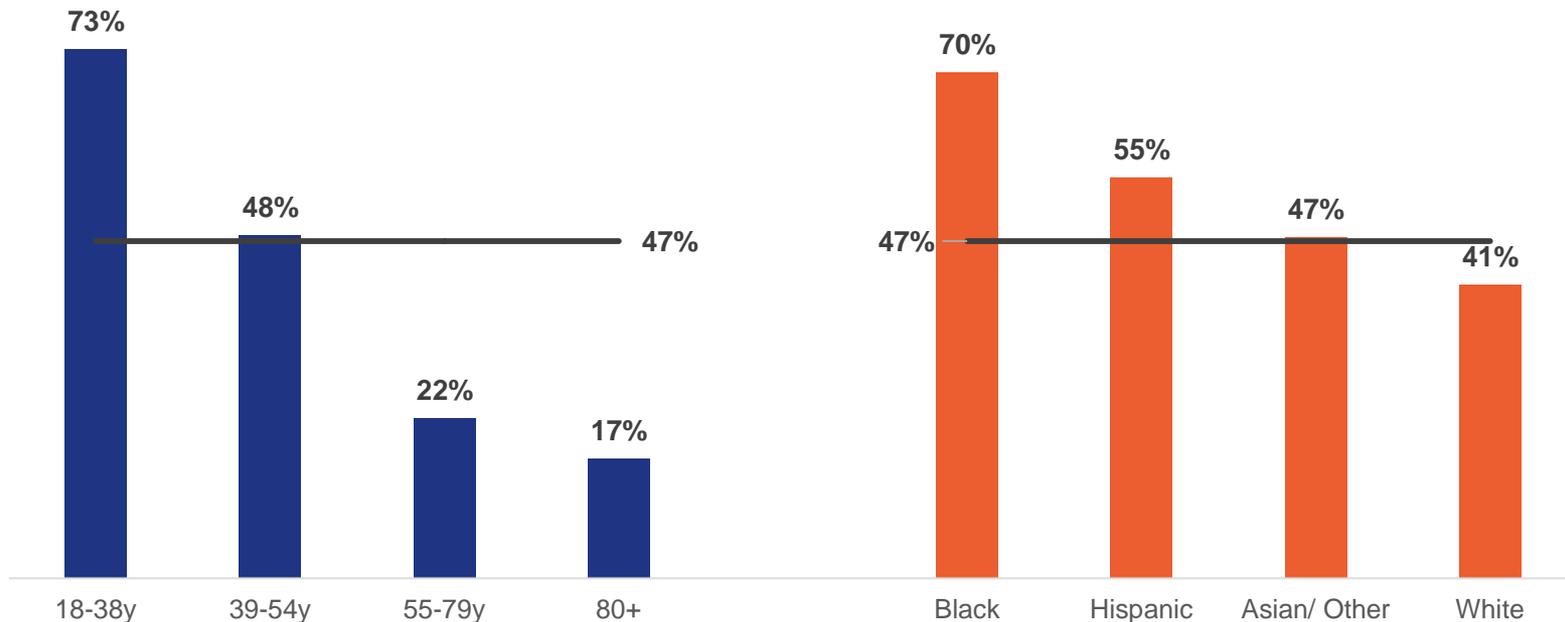
Thinking about you and your family, how concerned are you about each of the following?



Top COVID-19 concerns: Getting sick, caring for loved ones, and financial impacts

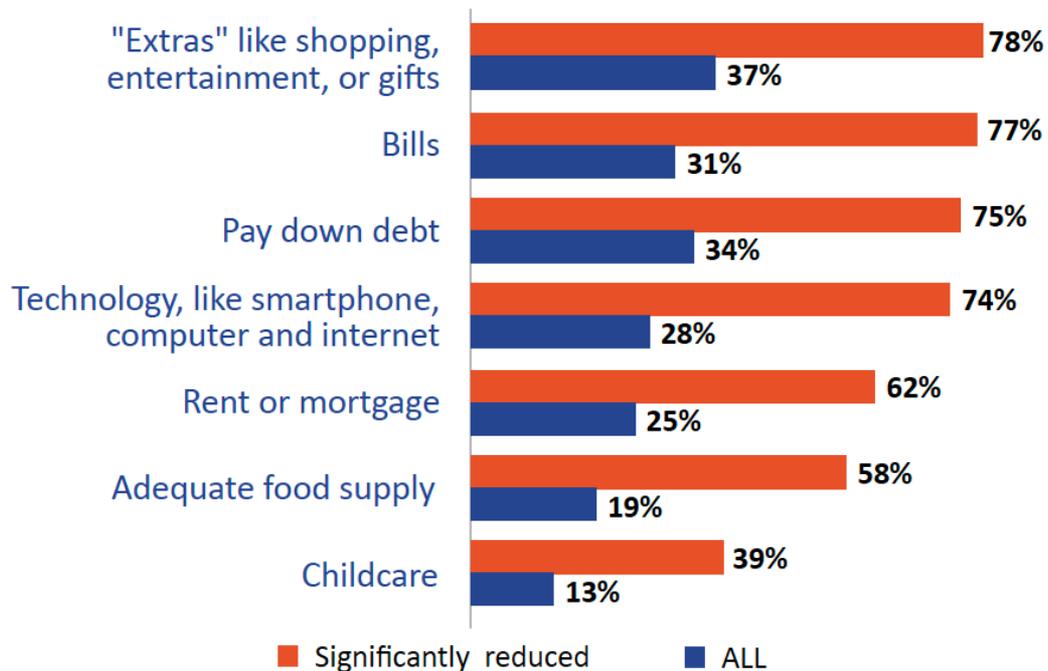
Almost half of Sacramento-area residents have seen their income drop during the pandemic. Those who are younger, or are Black or Hispanic, are more likely to have been affected

Younger Adult, and Black or Hispanic, respondents are more likely to have had their income reduced (either somewhat or significantly) as a result of COVID-19

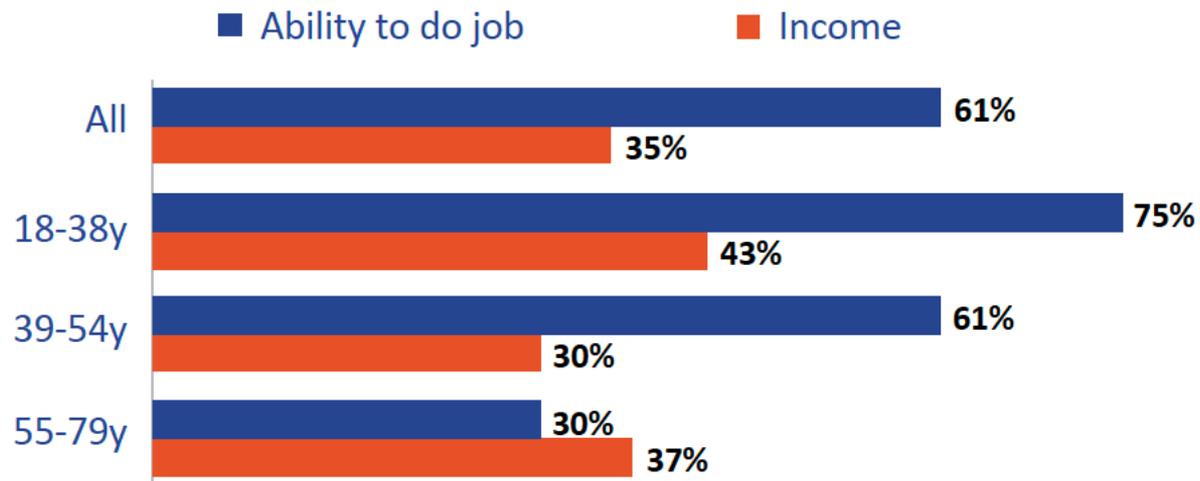


People with significantly reduced income are most likely to be experiencing significant financial hardship.

"I Cannot / Can Barely Afford..."
(overall, and among those with significantly reduced income)

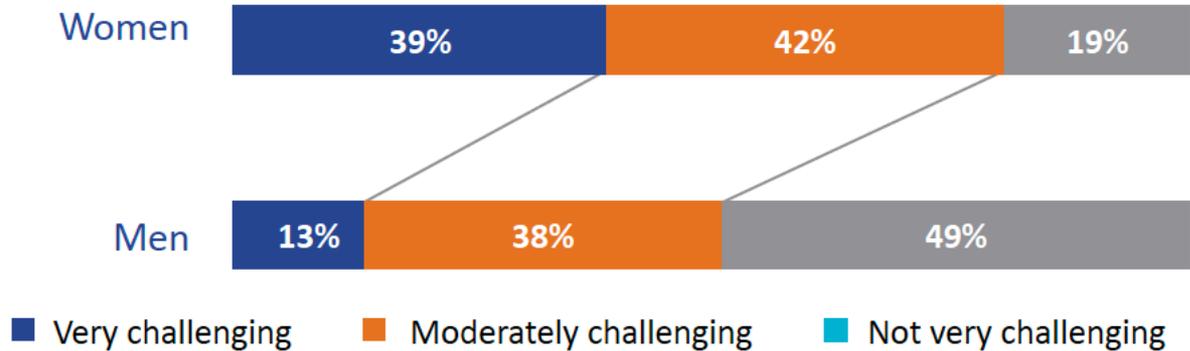


For many, especially younger adults, having children home from school negatively affects their own work.



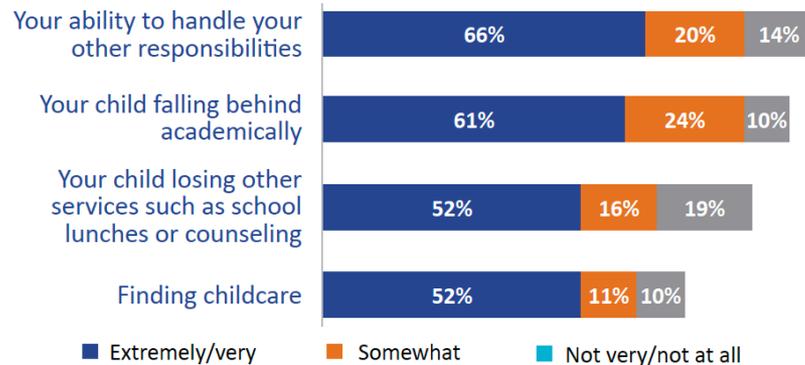
Women are far more likely than men to find it “very challenging” to have their children at home

Gender differences in assessing the level of challenge of children at home

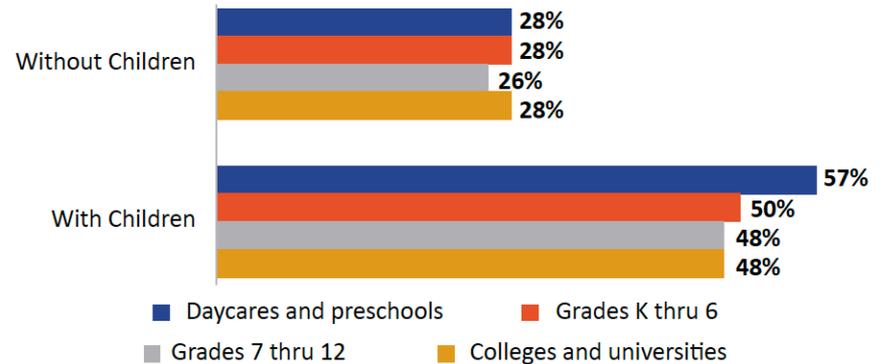


Parents are concerned about the impacts of remote schooling, and more likely to prefer in-person schooling

As a result of the coronavirus outbreak, how concerned are you with each of the following? (among respondents who have children under 18 living at home)

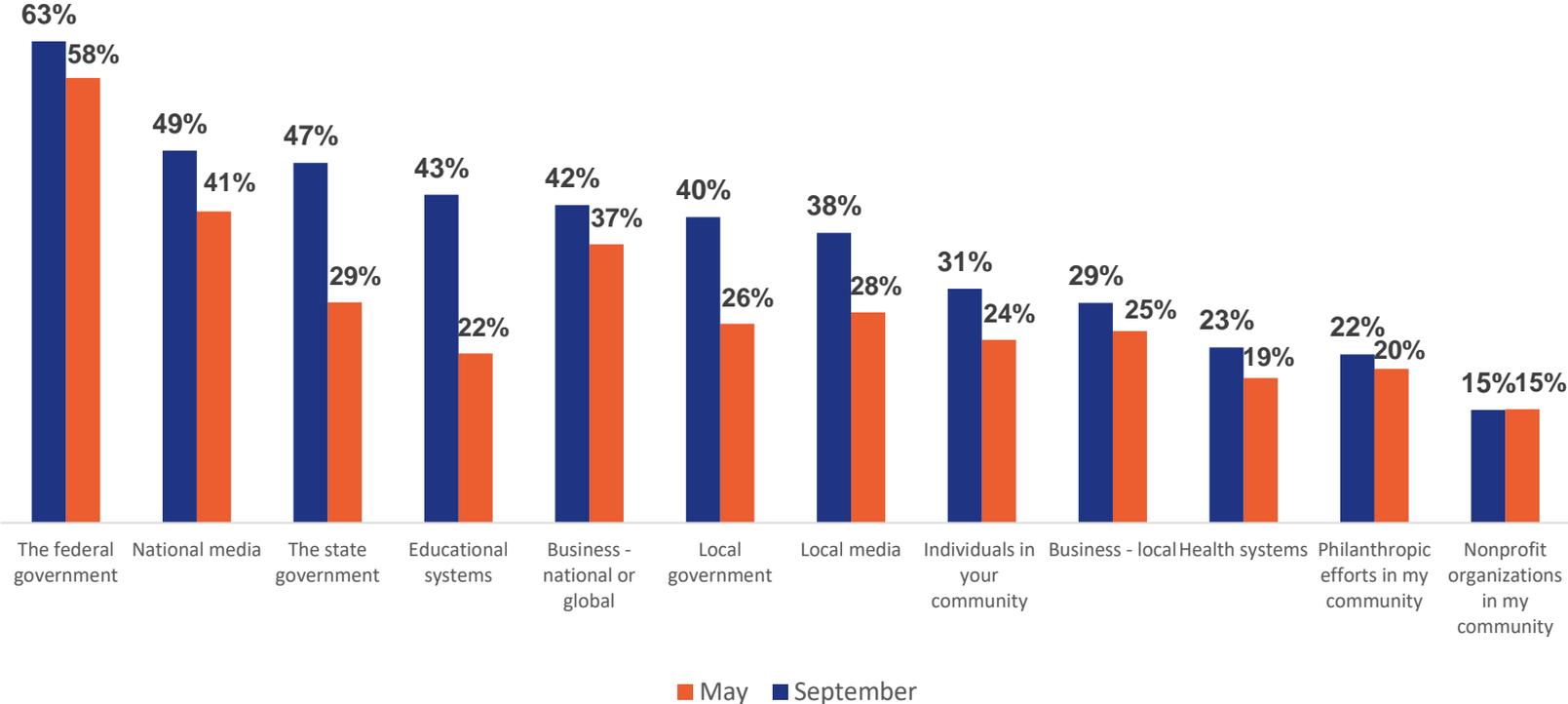


Those who think schools should open in-person as usual or with minor adjustments
(Respondents with and without children)



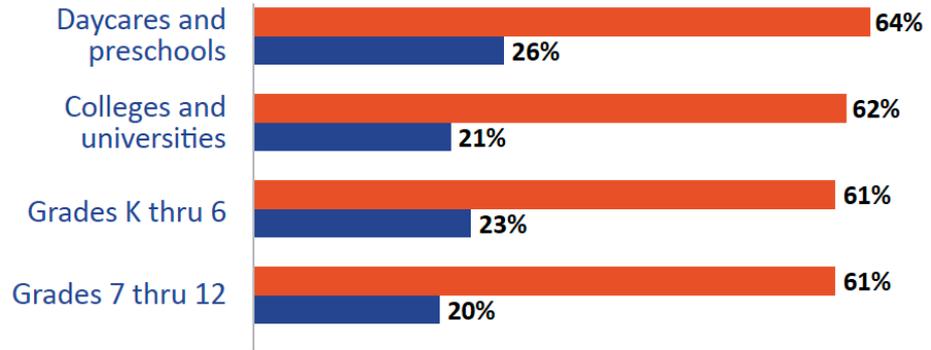
Goodwill is diminishing: almost all entities are viewed more unfavorably than earlier in the pandemic

"Very poor / inadequate" ratings of the response of different entities
(May and September)

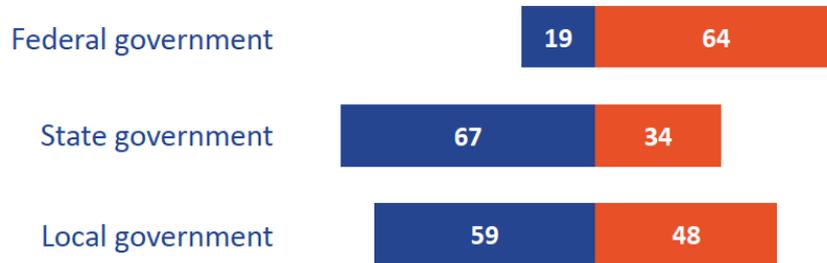


Substantial differences in opinion exist between Republicans and Democrats on some key questions

Those who believe schools should open “as usual” or with “minor modification,” by political party

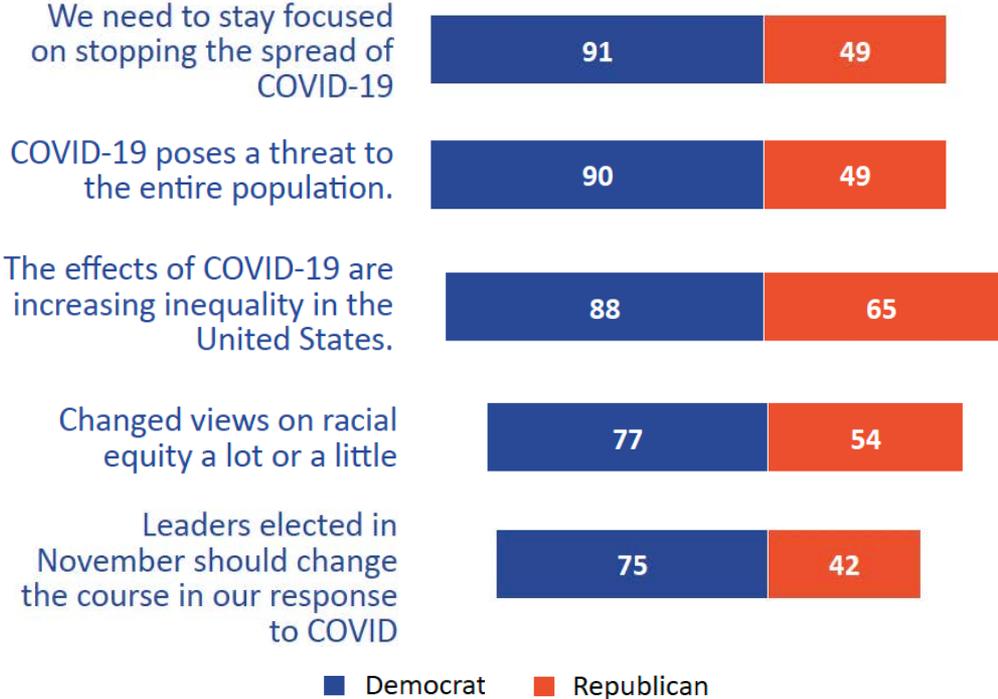


Those rating government responses as “adequate” or “excellent,” by political party

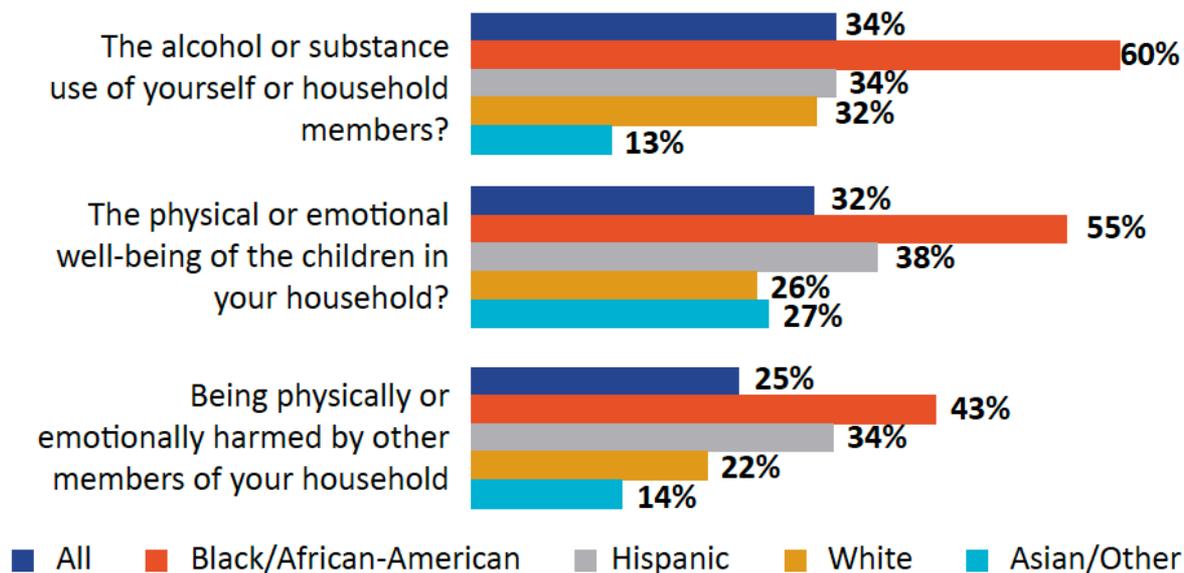


■ Democrat ■ Republican

On broad questions, Democrats are likely to agree with other Democrats; Republicans' views are more diverse

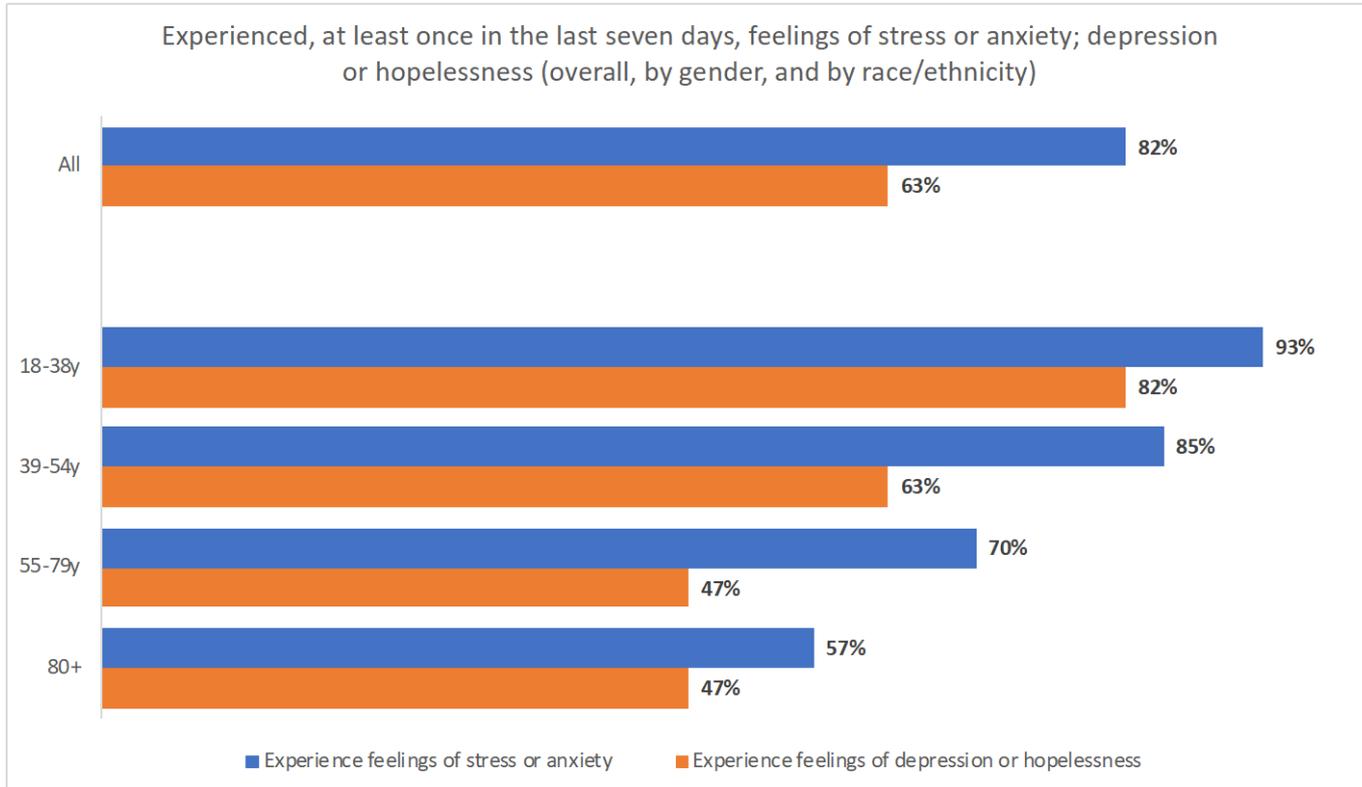


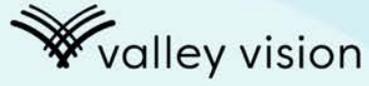
Percent of respondents concerned about the following at least one day last week, by race and ethnicity



Concerns about abuse, substance use, or harm to children are strongest among Black and Hispanic residents, and younger adults

Young adults are most likely to be feeling stress or anxiety, or depression or hopelessness





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Pauline Bartolone
Capital Public Radio



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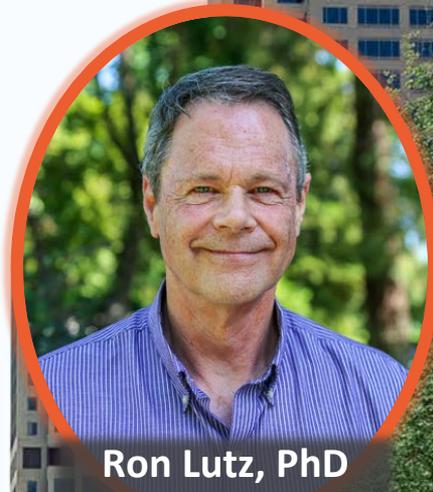
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Beth Hassett
WEAVE



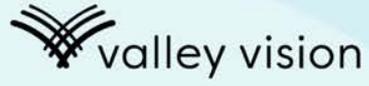
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