

INDUSTRY INSIGHTS

HEALTH AND LIFE SCIENCES

Mental and Behavioral Health Careers

Industry Snapshot

The Greater Sacramento subregion job postings increased by 22% in the last 12 months (September 2022-August 2023). More than 6,954 job postings emerged during this period, indicating robust demand in the mental and behavioral health sector.

Average Salary:

\$70,000

Annually



Industry Future

Entry-level and Paraprofessional roles are poised for a 15% increase, translating to 1,296 jobs. Psychiatric Technicians are projected to see a 24% growth rate, accounting for 116 additional jobs.

Desired Skills

- Time-Management
- Customer Service
- Basic Algebra Skills
- Empathy
- Active listening
- Non-verbal & written communication

Workforce Landscape

Cultural competency and the incorporation of lived experiences emerged as foundational pillars in addressing the intricate and multifaceted needs of clients from diverse backgrounds.

Where should I go next?

- Browse training programs at your local community college at Northstatecareers.org.
- Find a Job Center near you to talk to a career coach at Careeronestop.org.
- Talk to someone about work-based opportunities at your local community college.

