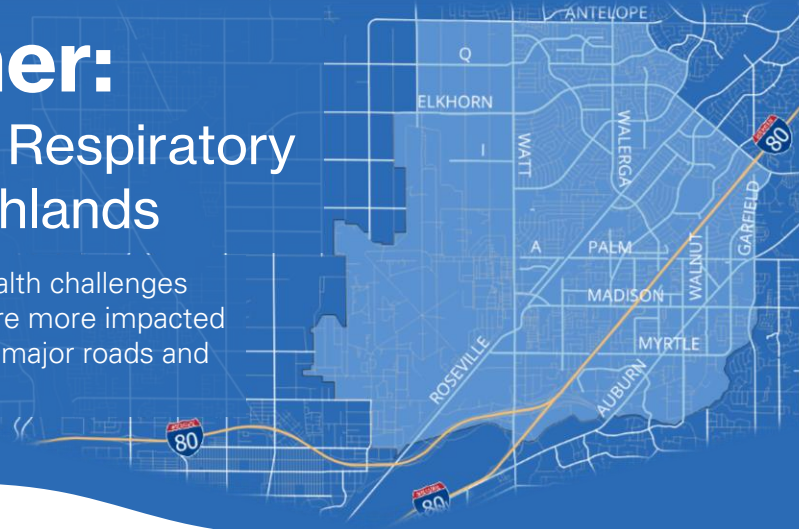


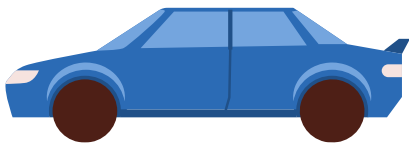
# Breathing Together:

## Insights from the Community Respiratory Wellness Survey in North Highlands

Sacramento residents face various public health challenges due to poor air quality. Some communities are more impacted than others due, in part, to their proximity to major roads and the resulting vehicle emissions exposure.

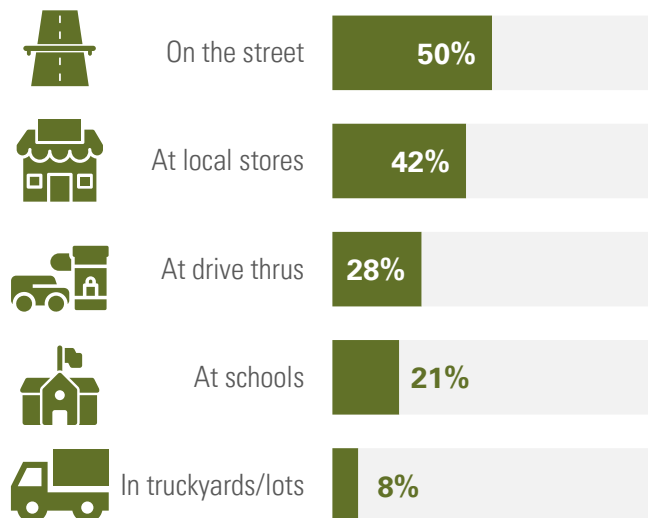


In 2023 the Sacramento Environmental Justice Community Air Monitoring Project surveyed 1,200 residents, focusing on four priority communities to understand the link between health and vehicle pollution. The Health Education Council (HEC) spearheaded the survey outreach, collecting the **86 surveys** from North Highlands residents summarized in this report.

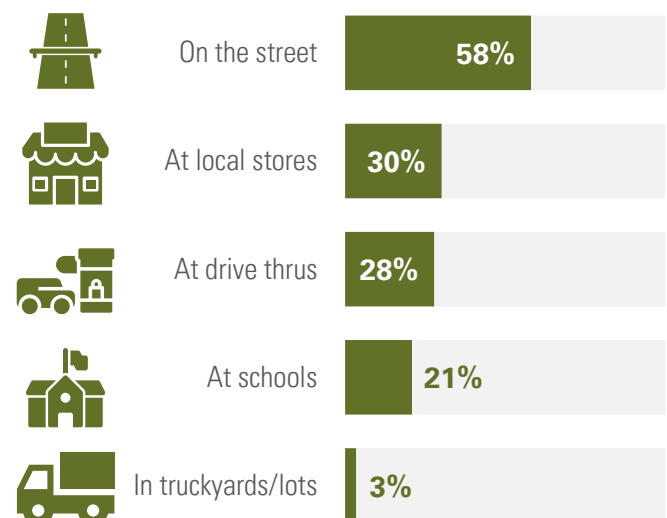


### Where do residents see and smell vehicles?

**77%** of North Highlands residents have seen vehicles idling...

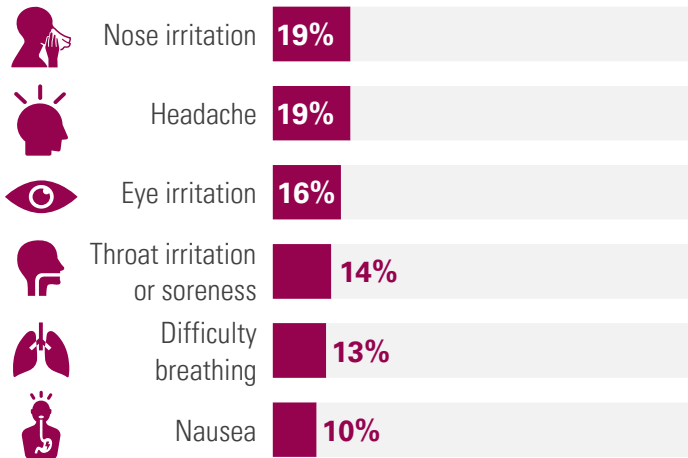


**71%** of North Highlands residents have smelled odor from vehicles...



# How does this impact community health and homes?

Some North Highlands residents said they had these **symptoms** in the past month.

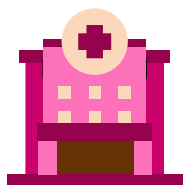


Some North Highlands residents see black dust/soot around their home...

**24%** have seen soot inside their home



**28%** have seen soot outside their home



**27%**

of residents had someone from their household go to the ER for allergy or asthma symptoms in the past year.



**33%**

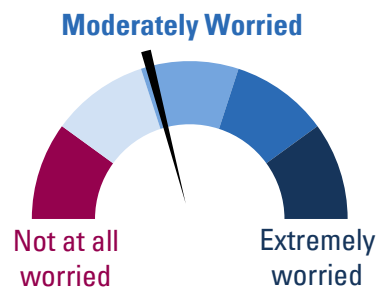
of residents had someone from their household go to a clinic or doctor's office for allergy or asthma symptoms in the past year.

## How do residents feel?

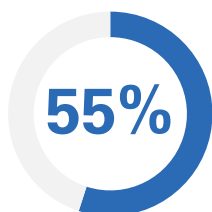
North Highlands residents rated their level of air pollution knowledge as **"fair"**.



Residents are also **moderately worried** about the environment.



## What would residents like to do about pollution?



said they want to work with their community to reduce air pollution.

North Highlands residents are most interested in doing these activities to help reduce air pollution.



**50%**

Learn more about the issue.



**43%**

Talk to my neighbors

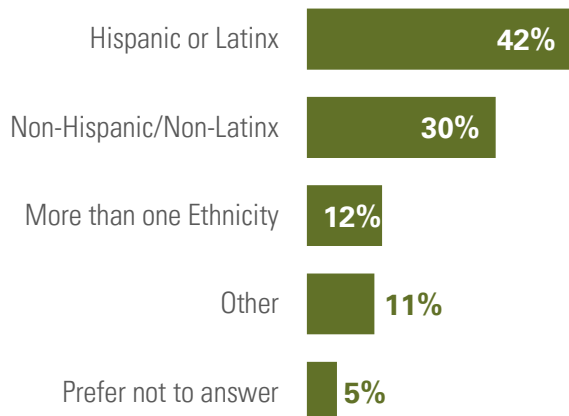


**38%**

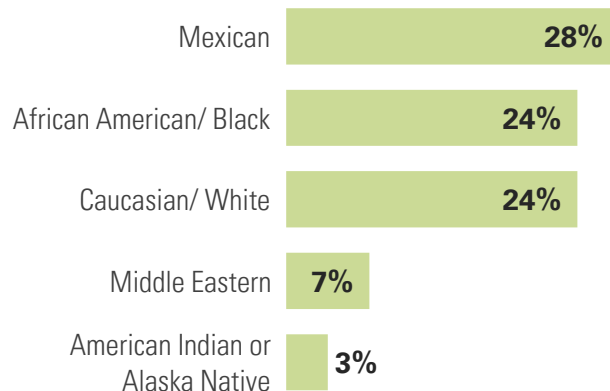
Sign a petition

# Who took the survey?

## Ethnicity

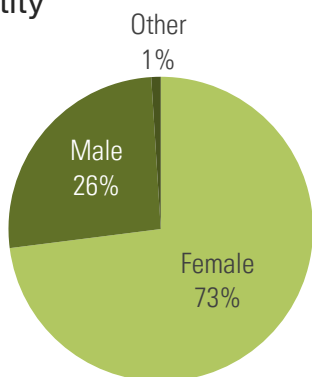


## Race (top 5 selections)\*

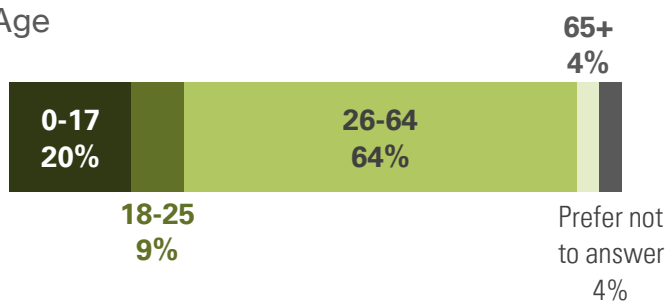


\*includes respondents identifying as more than one race.

## Gender identity



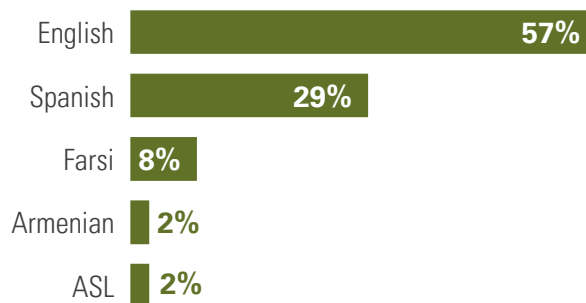
## Age



**19%** of respondents said that someone in their home smokes or vapes tobacco or marijuana.

**71%** of respondents said that they have children living at home.

## Languages spoken at home (top 5)



Interested in more information/getting involved? Contact HEC at [admin@healthedcouncil.org](mailto:admin@healthedcouncil.org)

