

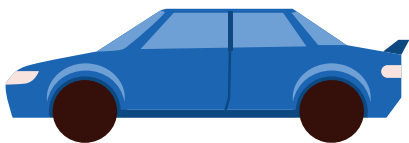
Breathing Together:

Insights from the Community Respiratory Wellness Survey in West Arden-Arcade

Sacramento residents face various public health challenges due to poor air quality. Some communities are more impacted than others due, in part, to their proximity to major roads and the resulting vehicle emissions exposure.

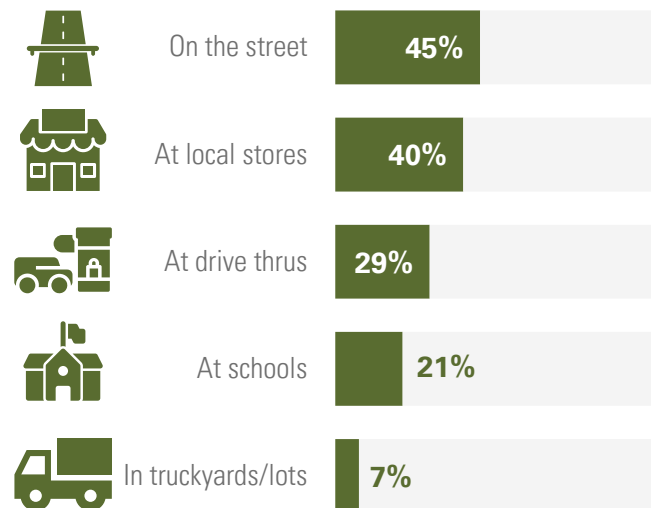


In 2023 the Sacramento Environmental Justice Community Air Monitoring Project surveyed 1,200 residents, focusing on four priority communities to understand the link between health and vehicle pollution. Mutual Assistance Network spearheaded the survey outreach, collecting the **95 surveys** from West Arden-Arcade residents summarized in this report.

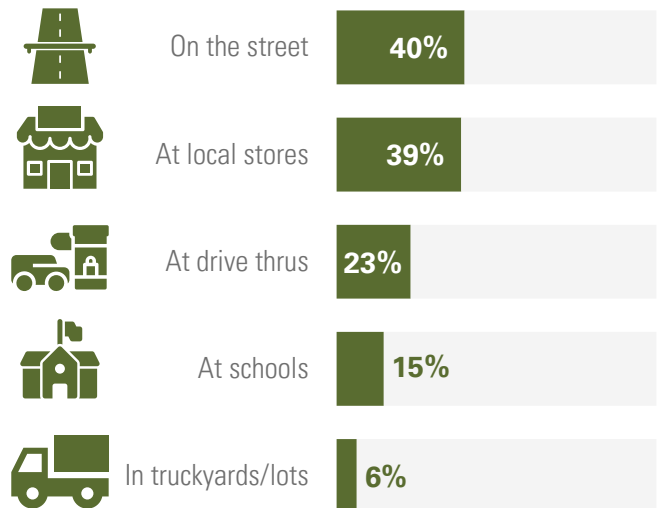


Where do residents see and smell vehicles?

65% of West Arden-Arcade residents have seen vehicles idling...

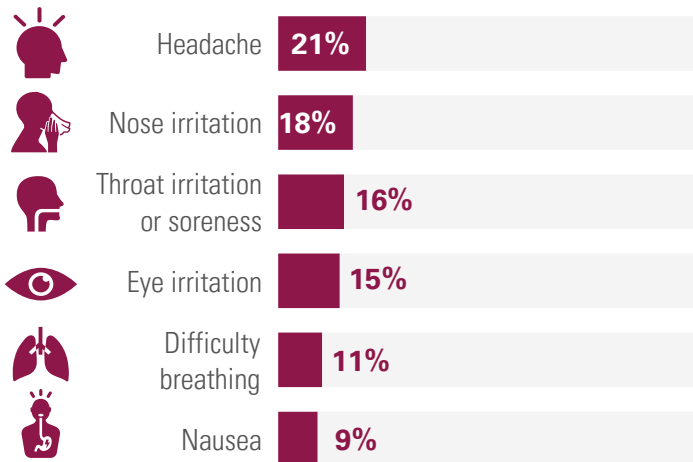


63% of West Arden-Arcade residents have smelled odor from vehicles...

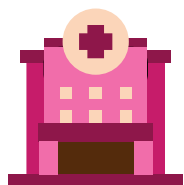


How does this impact community health and homes?

Some West Arden-Arcade residents said they had these **symptoms** in the past month.



Some West Arden-Arcade residents see black dust/soot around their home....



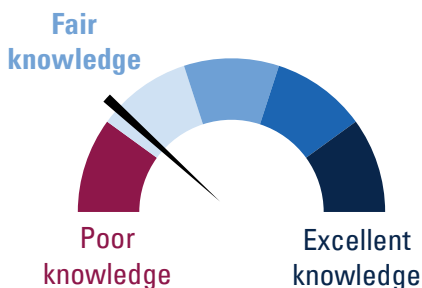
14% of residents had someone from their household go to the ER for allergy or asthma symptoms in the past year.



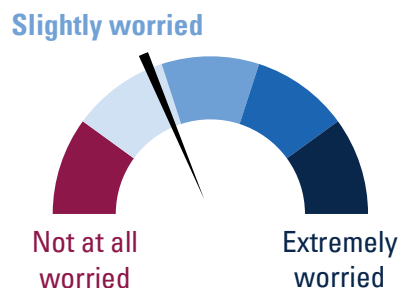
29% of residents had someone from their household go to a clinic or doctor's office for allergy or asthma symptoms in the past year.

How do residents feel?

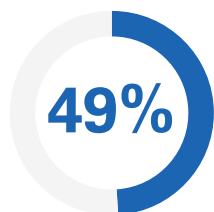
West Arden-Arcade residents rated their level of air pollution knowledge as **"fair"**.



Residents are also **slightly worried** about the environment.



What would residents like to do about pollution?



said they want to work with their community to reduce air pollution.

West Arden-Arcade residents are most interested in doing these activities to help reduce air pollution.



53% Learn more about the issue.



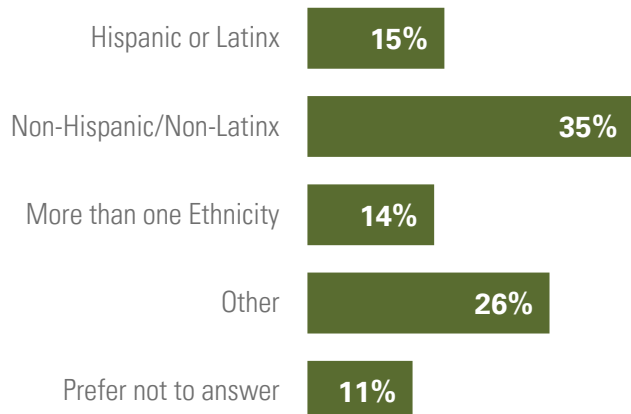
37% Talk to my neighbors



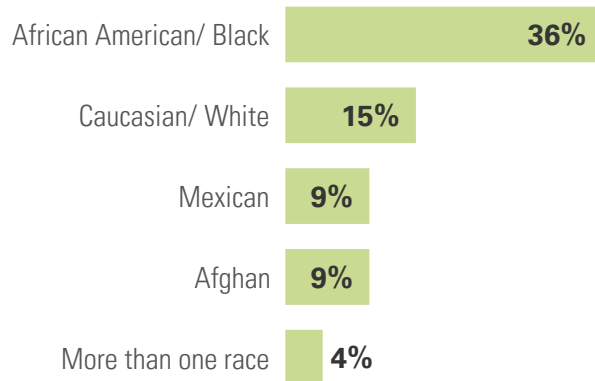
22% Go to a public meeting

Who took the survey?

Ethnicity

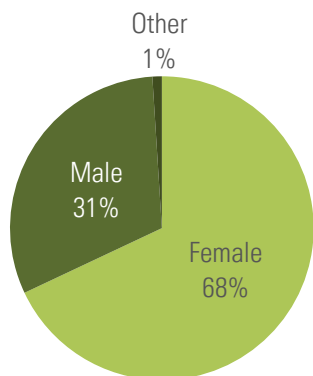


Race (top 5 selections)*

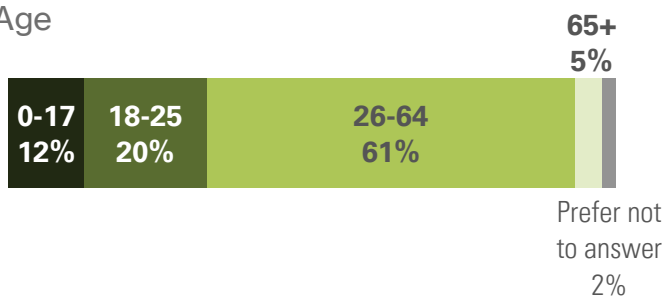


*includes respondents identifying as more than one race.

Gender identity



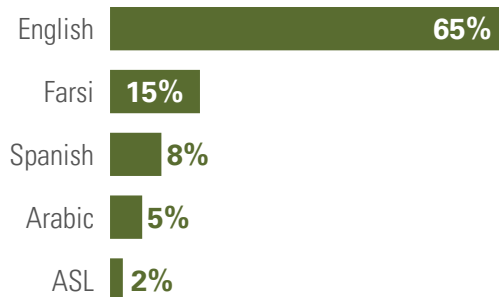
Age



27% of respondents said that someone in their home smokes or vapes tobacco or marijuana.

73% of respondents said that they have children living at home.

Langugages spoken at home (top 5)



Interested in more information/getting involved? Learn more about Mutual Assistance Network at <https://www.mutualassistance.org/>

